Nathan was born in Beaumont, Texas to his parents, Dr. Clint and Betty Hines, in 1957. The family moved to Newton in 1965 when Shady Acres was opened.

Nathan graduated from Newton High School in 1976, obtained his Nursing Home Administrator License in 1978, and graduated with a Bachelor of Science degree in Journalism from Texas A&M University in 1980. Additionally, Nathan holds a Master's degree from the Air War College, which he received in 2004.

Following graduation from Texas A&M University, Nathan was commissioned into the United States Air Force as a Second Lieutenant and was assigned as a Radar Operator in Osan, Korea. In 1983, Nathan was assigned as a Radar Operator on AWACS at Tinker Air Force Base (AFB), Oklahoma. Nathan separated from active duty in 1985, and transitioned into the Air Force Reserves.

Nathan returned to Newton in 1985, and began working in the family business. Nathan oversaw the growth of the business to four facilities, and in 1996 sold every facility except for Shady Acres. Nathan has served as the Executive Administrator and President/Chief Executive Officer since that time.

In 2001, Nathan was called back to active duty with the Air Force, and spent three of the next five years on active duty serving as a Squadron Commander at Barksdale AFB, Louisiana, Nellis AFB, Nevada, and Kirtland AFB, New Mexico. Additionally, Nathan served as a Staff Officer at the Headquarters of European Command in Stuttgart, Germany. Nathan retired in 2010 as a Lt. Colonel after 28 years of service.

Nathan and his wife Shellie moved back to Newton to take on the day to day operation of Shady Acres in 2013.

Nathan has three sons, all Aggies and officers in the military, three daughters-in-love, a bonus son and daughter. Nathan and Shellie have five grandchildren and one on the way.

Nathan enjoys watching sports and attends all Texas A&M football games.